

Dear Parent/Carer,

I hope all Braes families are doing well just now. Please see an update on a number of matters below:

#### Medical procedures

At times young people may feel unwell in school and feel that they may require to go home early. We are keen that pupils do not either leave school of their own accord when feeling unwell, or make direct arrangements with parents/carers to be collected from school. Instead we would ask that should your young person feel unwell at any time, they speak with a member of staff and see Mrs Stewart, our Medical Attendant. The school will then be able to make contact with parents/carers should it be necessary.

#### Water

We are keen for our young people to be hydrated when learning and as such have several water fountains for use in the school. While we do have a small supply of disposable cups for use by pupils in case of emergency, we would ask that should your young person wish to use the water dispensers they bring a water bottle with them to school. This will allow us to reduce the use of single use cups and also allows pupils access to a full bottle of water they can take to lessons with them, thus reducing time spent out of class. We are appreciative of parents'/carers' support in this regard, and would ask that young people are reminded they should not ordinarily be asking out of class to get water, and instead use intervals and lunch breaks for this purpose.

#### School Uniform

It has been pleasing to see a high standard of school uniform overall among Braes pupils, and in particular from those in younger year groups. As a reminder, school uniform consists of either black skirt, trousers or plain leggings (with no logos), school shirt, tie, school jumper (if preferred), and the school blazer. Obviously at this time of year pupils may also wish to wear an outer jacket in addition to their blazers.

#### Parent Council

The next meeting of our Parent Council takes place on Thursday 1<sup>st</sup> December at 7pm., this meeting is taking place in-person, in the school library. At this meeting there will be a presentation from our pupil Library Leaders and Moira Paton, our school librarian, on the excellent work they do. There will also be a discussion on current Scottish Government consultations. As you may be aware, the Scottish Government has recently launched two consultations relating to the future of Scottish education. At our last Parent Council meeting in October, there was good, engaging discussion about these consultations, and a submission to both consultations will be made by the Parent Council, following this week's meeting. Parents/carers are of course able to make their own individual responses too. The link to the letter previously sent in relation to this is noted below. Further information about this meeting, or the Parent Council in general, can be gained by emailing Chairperson Kenneth MacKinnon, at [braeshigh.parentcouncil@gmail.com](mailto:braeshigh.parentcouncil@gmail.com).

[Parent Council - National Discussion letter](#)

### Supported Study sessions

Our Senior Pupils are well on their way to their prelim examinations, which will take place in January 2023. Senior pupils should already have started a programme of home study, and to help with this there are multiple opportunities for pupils to attend subject-specific study sessions at lunchtime and after school. In addition to the targeted subject support on offer, we are also running Study Cafes on Mondays after school (3.00-4.00pm) in the library for all year groups. Refreshments and snacks will be available and Braes Brains peer mentors will be on hand to support. Further details of all these additional supports can be seen in the link below:

[Prepare to Pass](#)

Yours sincerely,

Iain Livingstone